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| **Time IN:\_\_\_\_\_\_\_\_ Day:\_\_\_\_\_\_\_\_\_\_ Date:\_\_\_\_\_\_\_\_\_\_\_ Time OUT:\_\_\_\_\_\_\_\_**  **Daily To Do List**  **M T W T F S S**   * **DO a load of Laundry ( first thing you should do is put in a load of laundry)** * **Let the dog out** * **Get Kyle dressed** * **Feed Kyle breakfast** * **Let the dog back in and feed her and let her back out** * **Check Gas in chantel’s car** * **Text: what do you want BREAKFAST , LUNCH and dinner: RHYAN & CHANTEL**   **BREAKFAST\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_**  **LUNCH \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_**  **DINNER\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_**  **CELERY JUICE? \_\_\_**  **Spinach juice? \_\_\_\_\_\_**  **Anti cancer smoothie? \_\_\_\_\_**   * **Text: Are we blow-drying Chantel’s hair?**   **\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_**   * **Make Kyle’s lunch** * **Put out Chantel’s Vitamins** * **Check Chantel’s car and clean out. Leave tennis racquets and yoga mat in back area** * **Check Gas & if half-full than you need to fill up (FRIDAYS)** * **Clean out Chantel’s purse**   + **Sharpen all eyeliners and lip pencils in Chantel’s purse** * **Ask: What does Chantel want for dinner?**   **\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_**   * **Help Chantel Get out the door; do I want a green drink?** * **Set the table for dinner** * **Clean all of the essential oil sets and put new oil and water**   **MASTER BEDROOM (everyday)**   * Fill the little refridgerator with water * Dust everything * Vaccum * Clean off all counters * Make the bed * *WASH THE SHEETS ( once a week)* ***MONDAY***   **MASTER BATHROOM (everyday )**   * **Wipe down all toothbrush holders,** * **Clean mirrors** * **Check soap** * Clean shower * Clean bath * ***Wash the floor mats (ONCE a week) FRIDAY \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_*** * **Clean toilet** * **Empty trashcans 2 in master bath** * **Fill the Baby wipes** * **Fill Epson salt** * **Check on do we have enough shampoo, cond., body wash**   **KYLE’s room**   * **Organize his toys** * **Get rid of all tops of his dresser**   **Kyle’s Bathroom (everyday)**   * **Does he have soap** * **Does he have toothpaste** * **Clean toilet**   **KITCHEN: (Everyday)**   * Empty dishwasher * Toaster oven : Cleaned everyday * Microwave oven; clean * Wash dishes in sink * Take all the trash bags out of the trashcans including bathrooms and bedrooms upstairs * Fill up HOT TEA Maker with Hot Water machine * Change the towels * Clean the stove |

**Daily items**

* Put Laundry in the washer: As soon as you come in check the laundry baskets, and put a load of laundry. Don’t leave laundry in the dryer or in the washer only put as much laundry in as you can completely wash, fold and put away.

\_\_\_\_\_\_\_\_\_\_# of loads of laundry completed

* Fill all baby wipes in Master Bathroom
* Let dog out and Feed a minimum of 3 times a day. If she pees and poos leave her out for a 30 min around the house then put her right back in the crate.
* AM
* PM early
* PM
* Everything off all counters and all rooms
* CLEAN and organize Play room
* Make the beds

(Go around the house and look for empty glasses and containers that are upstairs that you can wash)

* Check bathrooms (Toilet paper, showers, toilet, clean towels, garbage cans)
* Organize the Fridge Everyday throw out everything. Any dinners that more than 2 days old or more throw out.
* Making sure you do a list of everything that we need for toiletries. Do we need mouthwash, toothpaste
* Grocery Shopping: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_
* What do we need; \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_
* **Monday**: Put out trash cans
* **Tuesday**: VACCUM AND DO ALL FLOORS
* **Wednesday**: CHANGE ALL SHEETS
* **Thursday**: Dry cleaning
* Fill Chantel’s Thyroid medicine upstairs.
* **Downstairs bathroom (PLAY ROOM) \_\_\_TUESDAYS\_\_\_\_\_\_\_\_\_\_**
* **Downstairs POOL BATHROOM\_\_TUESDAYS\_\_\_\_\_\_\_\_**
* **MEDIA Room: (Wednesday)**
* **Wash blankets once a month**
* **Dusting**
* **Washing the floors and sweeping**
* **Dining Room (everyday)**
* **Wipe down all tables**
* **Living Room ( Thursday)**
* **ONCE A MONTH: change filters in house DATE \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_**

**Once a month : blankets need to be washed DATE \_\_\_\_\_\_\_\_\_\_\_\_\_\_**

**Weekly Bonus: check on Friday**

* **Spa Room; floors done, sheets washed, everything wiped down $5 \_\_\_\_**
* **Grocery shopping everything we need nothing missing: $ 10\_\_\_\_**
* **Outdoor grill : completely cleaned $3 \_\_\_**
* **Outside chairs wiped down : $3 \_\_\_\_**
* **All floors in the whole house done $3\_\_\_\_**
* **All Bathrooms completed including clean bathmats, soap $3\_\_\_\_**
* **Everything put away go around the house look for stuff $5\_\_\_\_**
* **Fill up Gas 2 week ---$3**
* **Cleaning Purse and wipe down everything\_\_$3**
* **Lunch**
* **Clean out fridge \_\_$ 3**
* **Organize pantry**