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| **Time IN:\_\_\_\_\_\_\_\_ Day:\_\_\_\_\_\_\_\_\_\_ Date:\_\_\_\_\_\_\_\_\_\_\_ Time OUT:\_\_\_\_\_\_\_\_****Daily To Do List****M T W T F S S** * **DO a load of Laundry ( first thing you should do is put in a load of laundry)**
* **Let the dog out**
* **Get Kyle dressed**
* **Feed Kyle breakfast**
* **Let the dog back in and feed her and let her back out**
* **Check Gas in chantel’s car**
* **Text: what do you want BREAKFAST , LUNCH and dinner: RHYAN & CHANTEL**

**BREAKFAST\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_****LUNCH \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_****DINNER\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_****CELERY JUICE? \_\_\_****Spinach juice? \_\_\_\_\_\_****Anti cancer smoothie? \_\_\_\_\_*** **Text: Are we blow-drying Chantel’s hair?**

**\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_*** **Make Kyle’s lunch**
* **Put out Chantel’s Vitamins**
* **Check Chantel’s car and clean out. Leave tennis racquets and yoga mat in back area**
* **Check Gas & if half-full than you need to fill up (FRIDAYS)**
* **Clean out Chantel’s purse**
	+ **Sharpen all eyeliners and lip pencils in Chantel’s purse**
* **Ask: What does Chantel want for dinner?**

 **\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_*** **Help Chantel Get out the door; do I want a green drink?**
* **Set the table for dinner**
* **Clean all of the essential oil sets and put new oil and water**

**MASTER BEDROOM (everyday)** * Fill the little refridgerator with water
* Dust everything
* Vaccum
* Clean off all counters
* Make the bed
* *WASH THE SHEETS ( once a week)* ***MONDAY***

**MASTER BATHROOM (everyday )** * **Wipe down all toothbrush holders,**
* **Clean mirrors**
* **Check soap**
* Clean shower
* Clean bath
* ***Wash the floor mats (ONCE a week) FRIDAY \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_***
* **Clean toilet**
* **Empty trashcans 2 in master bath**
* **Fill the Baby wipes**
* **Fill Epson salt**
* **Check on do we have enough shampoo, cond., body wash**

**KYLE’s room*** **Organize his toys**
* **Get rid of all tops of his dresser**

**Kyle’s Bathroom (everyday)** * **Does he have soap**
* **Does he have toothpaste**
* **Clean toilet**

**KITCHEN: (Everyday)** * Empty dishwasher
* Toaster oven : Cleaned everyday
* Microwave oven; clean
* Wash dishes in sink
* Take all the trash bags out of the trashcans including bathrooms and bedrooms upstairs
* Fill up HOT TEA Maker with Hot Water machine
* Change the towels
* Clean the stove
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**Daily items**

* Put Laundry in the washer: As soon as you come in check the laundry baskets, and put a load of laundry. Don’t leave laundry in the dryer or in the washer only put as much laundry in as you can completely wash, fold and put away.

\_\_\_\_\_\_\_\_\_\_# of loads of laundry completed

* Fill all baby wipes in Master Bathroom
* Let dog out and Feed a minimum of 3 times a day. If she pees and poos leave her out for a 30 min around the house then put her right back in the crate.
* AM
* PM early
* PM
* Everything off all counters and all rooms
* CLEAN and organize Play room
* Make the beds

 (Go around the house and look for empty glasses and containers that are upstairs that you can wash)

* Check bathrooms (Toilet paper, showers, toilet, clean towels, garbage cans)
* Organize the Fridge Everyday throw out everything. Any dinners that more than 2 days old or more throw out.
* Making sure you do a list of everything that we need for toiletries. Do we need mouthwash, toothpaste
* Grocery Shopping: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_
* What do we need; \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_
* **Monday**: Put out trash cans
* **Tuesday**: VACCUM AND DO ALL FLOORS
* **Wednesday**: CHANGE ALL SHEETS
* **Thursday**: Dry cleaning
* Fill Chantel’s Thyroid medicine upstairs.
* **Downstairs bathroom (PLAY ROOM) \_\_\_TUESDAYS\_\_\_\_\_\_\_\_\_\_**
* **Downstairs POOL BATHROOM\_\_TUESDAYS\_\_\_\_\_\_\_\_**
* **MEDIA Room: (Wednesday)**
* **Wash blankets once a month**
* **Dusting**
* **Washing the floors and sweeping**
* **Dining Room (everyday)**
* **Wipe down all tables**
* **Living Room ( Thursday)**
* **ONCE A MONTH: change filters in house DATE \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_**

**Once a month : blankets need to be washed DATE \_\_\_\_\_\_\_\_\_\_\_\_\_\_**

**Weekly Bonus: check on Friday**

* **Spa Room; floors done, sheets washed, everything wiped down $5 \_\_\_\_**
* **Grocery shopping everything we need nothing missing: $ 10\_\_\_\_**
* **Outdoor grill : completely cleaned $3 \_\_\_**
* **Outside chairs wiped down : $3 \_\_\_\_**
* **All floors in the whole house done $3\_\_\_\_**
* **All Bathrooms completed including clean bathmats, soap $3\_\_\_\_**
* **Everything put away go around the house look for stuff $5\_\_\_\_**
* **Fill up Gas 2 week ---$3**
* **Cleaning Purse and wipe down everything\_\_$3**
* **Lunch**
* **Clean out fridge \_\_$ 3**
* **Organize pantry**